



FMG Services

MEDICAL EVALUATION & TREATMENT

- ▼ Comprehensive Consultations
- ▼ Medical Legal Evaluations
- ▼ Electrodiagnostic Testing
- ▼ Multidisciplinary Evaluations
- ▼ Chronic Pain Management
- ▼ Medication Detoxification
- ▼ Functional Restoration Programs

PHYSICAL THERAPY SERVICES

- ▼ Evaluation & Treatment
- ▼ Functional Capacity Evaluations
- ▼ Work Conditioning

PSYCHOLOGICAL SERVICES

- ▼ Consultation & Treatment
- ▼ Pre-surgical Evaluations
- ▼ Cognitive-Behavioral Therapy
- ▼ Biofeedback

FMG Professional Staff

STEVEN FEINBERG, MD — Stanford Adjunct Clinical Professor, American Board of Physical Medicine and Rehabilitation, American Board of Pain Medicine, American Board of Electrodiagnostic Medicine, and Qualified Medical Evaluator (QME).

KALE WEDEMEYER, MD — Stanford Clinical Instructor, American Board of Physical Medicine and Rehabilitation, Board Certified in Pain Management, and Qualified Medical Evaluator (QME).

MAUREEN MINER, MD — American Board of Physical Medicine and Rehabilitation (subspecialty in Pain Medicine and Spinal Cord Medicine), American Board of Pain Medicine, and Qualified Medical Evaluator (QME).

NICOLE CHITNIS, MD — American Board of Physical Medicine and Rehabilitation, and Qualified Medical Evaluator (QME).

HEATHER KING, PHD — Ph.D. in Clinical Psychology with special emphasis in Pain Management and Biofeedback.

RACHEL FEINBERG, PT, DPT — Doctorate in Physical Therapy with special interest and expertise in Pain Management and Functional Capacity Evaluation.

Making a Referral

Direct referrals are accepted from physicians, employers, attorneys, nurse case managers, or claims examiners. If you are a patient, you can request a consultation with us. To make a referral, for more information, or to schedule an appointment, call us at (650) 223-6400 or email us at

FMG@FeinbergMedicalGroup.com

Visit us online at:

www.FeinbergMedicalGroup.com



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The Difference is FMG



The Correct Diagnosis
The Appropriate
Treatment

Preventing Needless
Work Disability

Early
Intervention
& Functional
Restoration



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Feinberg Medical Group

FMG is a multidisciplinary PMR (Physiatry) medical group fully committed to preventing needless work disability.

FMG treatment approaches maximize functional recovery for return to work through the application of the treatment principles of functional restoration.

FMG provides accurate and timely diagnoses, followed by a customized, effective, and efficient goal-oriented individualized treatment plan.

FMG is committed to quality patient care, timely communication with all parties, cost-containment, patient independent self-management and most importantly, return to work.

FMG Approach & Goals

- ▼ The correct diagnosis / appropriate treatment
- ▼ Timely, cost-effective, efficient medical care
- ▼ Weekly team conferences / timely reports
- ▼ Medication optimization (detoxification when appropriate)
- ▼ Independent self-management
- ▼ Improved function & return to work
- ▼ MMI (P&S) & ratable AMA Guides WPI
- ▼ Appropriate medical care utilization
- ▼ Future medical care consistent with MTUS
- ▼ AfterCare to prevent recidivism (back-sliding)



Feinberg Medical Group

FMG Evaluation And Treatment

FMG functional restoration treatment approaches offer individual, goal-oriented, physical, psychological, and medical components. Services include a structured exercise program, individual and group psychological and educational sessions, participation in functional/work activity training, learning non-pharmacological pain management tools, medication detoxification/optimization, wellness classes, and education on health topics. Patients decrease their medication needs and become more functional while focusing on returning to regular life activities including work. Weekly Team Conferences assess motivation, progress, and goal achievement to determine continued participation in the program.

Multidisciplinary Evaluation (MDE)

FMG's cost-effective treatment starts with an in-depth multidisciplinary evaluation by a physician, psychologist, and physical therapist. Our goal is to identify the correct diagnosis and recommend an appropriate individualized, cost-effective treatment plan.

Specific Treatment Programs

▼ MEDICATION DETOXIFICATION PROGRAM

Interdisciplinary pain management services combined with a medically supervised program to detoxify patients who may be having difficulty with daily life activities, who are dependent on opioid (narcotic) or other medications and who are motivated to eliminate or reduce drug use. FMG offers individualized inpatient and outpatient services to achieve medication optimization.

▼ FRP PRIMARY

A full-time 2 week introductory program to introduce the patient to the concepts of functional restoration. Medical, psychological, and physical rehabilitation efforts focus on medication management, and physical restorative and psychological services. Graduation to the FRP Advanced Program is recommended based on evidence of goal achievement, functional improvement, and motivation.

▼ FRP ADVANCED

A full-time 2 – 4 week program for graduates of the Primary FRP who have shown a commitment to functional improvement. While psychological and medical components continue, the emphasis shifts to more intense physical conditioning and back-to-work efforts. Progress and goals are evaluated on a weekly basis to determine continued participation in the program.

▼ FRP PART-TIME

FRP services for patients who can be managed effectively with a part time, yet well coordinated, functional restoration program to stay at work (SAW) or return to work (RTW).

▼ AFTERCARE FRP

Individualized services to help graduates maintain their functional improvements gained in the FRP, avoid psychological regression, prevent relapse, and transition back to everyday life and work. The AfterCare program may include telephonic weekly follow-up, scheduled face-to-face appointments, and a two hour weekly psychological and physical group session.