

# Heather King, Ph.D.

Feinberg Medical Group  
825 El Camino Real  
Palo Alto, California 94301  
Tel: 650-223-6400  
Fax: 650-223-6408  
Email [hpoupore@yahoo.com](mailto:hpoupore@yahoo.com)

## Education

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August 2008

**California School of Professional  
Psychology at Alliant International  
University**

San Francisco, California Campus

Ph.D., Clinical Psychology, August 2008

**Dissertation Title:** Post Traumatic Stress Disorder,  
Emotional Eating, and Weight Loss Outcomes in Veterans  
Following Gastric Bypass Surgery.

August 2005

**California School of Professional  
Psychology at Alliant International  
University**

San Francisco, California Campus

M.S., Clinical Psychology, August 2005

**Thesis Title:** Effect of Sex and Education on Verbal  
Recall Performance in Japanese Elderly.

**University of Wisconsin-Milwaukee**

Milwaukee, Wisconsin

1<sup>st</sup> year Master's in Health Psychology

January 2002-May 2003

May 1996

**Northern Michigan University**

Marquette, Michigan

Health and Fitness Management

B.S., Management of Health and Fitness

## Clinical Experience

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11/09 - current

**Feinberg Medical Group**

Director, Psychological Services

9/08 – 10/09

**Kaiser San Francisco, Chronic Pain Department**

Post-Doctoral Fellow

Work in an outpatient multidisciplinary setting conducting  
clinical and diagnostic assessments, individual and group

psychotherapy and biofeedback to patients with chronic pain and psychological comorbidities. Facilitated numerous psychoeducational and process-oriented groups within the day treatment, biofeedback, and headache program services of the department.

7/07- 9/08

**Jesse Brown Veteran's Affairs Medical Center**

Health Psychology Intern

Duties include working with inpatients and outpatients in primary care clinics. Provide individual long and short term therapy, assessments, and intakes. Health psychology rotation includes: Biofeedback, Hypnosis, Gastric Bypass Surgery evaluations, Psycho-educational and process groups, Geropsychology, Consultation-Liaison team, comprehensive pain assessments, low vision assessments (VICTORS), and Physical Medicine and Rehabilitation assessments (PM & R).

Co-led groups include: PTSD, Dialectical Behavior Management, hepatitis C, and MOVE.

Individually led groups: Early recovery from drugs and alcohol, cancer support, women's health, and primary medicine and rehabilitation.

07/06- 05-07

**University of California San Francisco**

**Medical Center - Memory and Aging Center**

Neuropsychology Practicum Student

Conducted neuropsychological assessments for patients at the Memory and Aging Clinic and Epilepsy Center.

Member of a multidisciplinary team to determine diagnosis, surgical candidacy, and treatment options. Observed WADA testing and feedback sessions. Experience with a diverse patient population in neuropsychological testing, scoring, and report writing.

07/05- 06/06

**San Francisco Department of Veteran's Affairs**

**Medical Center**

Health Psychology Extern

Provided psychological consultation and treatment to medical, surgical, and psychiatric patients. Performed psychological evaluations, assessment, and conducted short-term psychotherapy with patients with multiple medical, neuropsychological, psychiatric, and substance abuse problems. Treatment facilitation included use of biofeedback, hypnosis, mindfulness, relaxation and CBT. Co-facilitated pain management, stress management,

smoking cessation, and weight loss/wellness groups. Collaborated with physicians in pain management clinic. Provided research assistance for a hypnosis and smoking cessation study.

9/04-06/05

**OMI Family Center, San Francisco, CA**

Clinical Team Child and Adult

Provided assessment, individual and group therapy, crisis and care management, to an ethnically diverse child and adult population in San Francisco suffering from a broad range of psychiatric conditions.

**Professional Experience**

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8/02-8/03

**Certified Personal Trainer and Lifestyle and Weight Management Consultant**

YMCA of Metropolitan Milwaukee, Milwaukee, WI  
Provided personal training, health and fitness assessments, and health enhancement classes to members of the YMCA. Taught Senior aerobics and trained fitness staff in the Personal Fitness Center.

10/99-8/02

**Health and Physical Education Director**

West Suburban YMCA, Wauwatosa, WI  
Hired, supervised, and evaluated 90 health and fitness staff of the YMCA. Was fiscally responsible for a \$500,000 budget. Developed programming for seniors, adults, teens, and children. Supervised the Fitness Center, Personal Fitness Center, Senior's Programming, Fitness Classes, Aquatics Exercise Classes, Personal Trainers, Dieticians, and Corporate Wellness program. Planned the 2003 Strong Kids Campaign Fundraiser. Awarded the 2003 Seed Fund Grant for the development of a psychologically based health initiative. Supervised internship programs.

11/97-10/99

**Director of Corporate Wellness, Owner**

Health Matters of Wisconsin, West Allis, WI  
Developed a corporate wellness company to provide program development and consulting to a broad range of companies. Developed stress management, weight management, aerobics, personal training, smoking cessation, and healthy back classes along with preparing newsletters, and organizing wellness fairs. Trained and evaluated independent contractors. Created marketing packets and managed budget issues.

3/97-7/97

**Recreational Therapist**

Silver Spring Nursing Home, Milwaukee, WI  
Provided mental stimulation, social interaction and physical fitness for Alzheimer's and other dementia patients.  
Provided informal counseling to family members who visited. Provided comfort, support and care to residents and staff.

2/97-10/97

**Personal Trainer and Fitness Specialist**

Independent Contractor, Milwaukee, WI  
Conducted fitness assessments, personal training, weight loss programs and health programs to clients.

Professional Awards, Grants, and Presentations

2008	Presenter at the MOVE! VISN 11 & 12 Conference: Bariatric Surgery and Psychological Assessment
2007	Dean's Student Research Grant for Outstanding Dissertation, Alliant International University
2001	Physical Director of the Year Award for the State of Wisconsin
2000	Association of Professional YMCA Directors of the USA 2000 Achievement Award